

# Excel in Basketball Camp Legend



## Jill Changaris Muhe

5'11" Guard

Northgate High School, UC Davis, Professional Volleyball

**Excel Career:** Jill was an outstanding athlete at Excel where she combined size and quickness to be a major force on the hardcourts. A fine shooter and slasher, she had a great first step that took her to the hoop. Jill also was a dominant basketball and volleyball star for the Broncos.

**Career:** Jill accepted a volleyball scholarship to UC Davis where she was an All-Region player in 1995 and 1996. She was the Conference MVP in 1996 when her team finished 21<sup>st</sup> in the nation. She then spent nine seasons in the Association of Volleyball Professionals (AVP) where she competed against Volleyball Legends Misty May, Kerri Walsh, Holly McPeak and Karch Kiraly, among others. After retiring from the volleyball circuit, Jill accepted the Head Volleyball Coaching Position at Briar Cliff University.

### Excel Awards Won:

**One on One Champion:** 1988, 1990

**All Star Selection:** 1988, 1989, 1990